

# Hospice in Hungary 2006<sup>1</sup>

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## 1. Statistical data<sup>2\*</sup>

■ Number of population	10.076.581 (January 2006)*
■ Number of death	135.732*
■ Cancer death	30.615*
■ Patients in palliative care in 2006	4.130

## 2. Service assessment

■ <b>Adult</b>		
• Inpatient		
- freestanding	1	10 beds
- hospital unit	10	144 beds
- hospital mobile team	4	
• Nursing home	6	56 beds
• Home care	34	
• Day care	2	
■ <b>Paediatric</b>	<b>0</b>	

**Altogether: 57 hospice organizations, 210 beds**

### Reimbursement and funding:

42 hospice services of 57 have been financed as 'hospice services' by the NHIF from 2004 (11 inpatient services, 2 nursing home, 29 home care services)

## 3. Number of hospice patients: 4130 patients in 2006 (since 1991: 22.218)

- cancer patients in palliative care: 95%
- average of duration of hospice care: 30 days

<sup>1</sup> Statistical survey of the Hungarian Hospice Palliative Association, 2007

<sup>2</sup> Hungarian Central Statistical Office

#### 4. Hospice inpatient units, 2006

1. Gyula, Pándy Kálmán Hospital	(1994) <sup>3</sup> 20 beds
2. Budapest, Szent László Hospital	(1995) 10 beds
3. Miskolc, Semmelweis Hospital	(1995) 20 beds
4. Pécs, Irgalmas Hospice	(2004) 18 beds
5. Baranya county Hospital	(2004) 15 beds
6. Heves county Hospital	(2004) 10 beds
7. Komárom county Hospital	(2004) 10 beds
8. Budapest, MÁV Hospital	(2004) 10 beds
9. Budapest, Jewish Charity Hospital	(2004) 10 beds
10. Budapest Hospice House (freestanding)	(2005) 10 beds
11. Nagykanizsa, Hospital	(2006) 11 beds
<b>Altogether</b>	<b>154 beds</b>

#### 5. Hospices in nursing homes, 2006

1. Sóstó, nursing home	(1997) 15 beds
2. Pécs, nursing home	(1998) 4 beds
3. Szederkény, nursing home	(1999) 5 beds
4. Tatabánya, nursing home	(1999) 5 beds
5. Hajdúböszörmény, nursing home	(2002) 15 beds
6. Debrecen, Szent Erzsébet Hospice	(2003) 12 beds
<b>Altogether:</b>	<b>56 beds</b>

#### 6. Hospice home care, 2006

1. Budapest, Hungarian Hospice Foundation	(1991)
2. Szombathely, Hospice Foundation	(1992)
3. Miskolc, Erzsébet Hospice Foundation	(1994)
4. Tatabánya, Hospice Szeretetszolgálat Foundation	(1994)
5. Debrecen, Szent Erzsébet Hospice	(1994)
6. Székesfehérvár, Help 17.Bt. Hospice Home Care	(1995)
7. Nagymaros, Pax Corporis Foundation	(1995)
8. Pécs, Social Net Association	(1996)
9. Óbuda-Békásmegyér Hospice Home Care	(1997)
10. Kecskemét, Ölelő Kéz Foundation	(1995)
11. Ruzsa, Bánfi Hospice Home Care	(1999)
12. Kaposvár, Nevitt Hospice Home Care	(1999)
13. Szegedi Hospice Foundation	(2002)
14. Pécs-Baranyai Hospice Foundation	(2004)
15. Békéscsaba, Csahó Hospice Home Care	(2004)
16. Mártély, Csernai Hospice Home Care	(2004)
17. Reesk, Rencia Hospice Home Care	(2004)
18. Eger, Agria 2000 Hospice Home Care	(2004)
19. Esztergom, Vaszary Kolos Hospice Home Care	(2004)
20. Mátraterenye, Koher Hospice Home Care	(2004)
21. Salgótarján, NRG-i Hospice Home Care	(2004)
22. Salgótarján, Tábita Hospice Home Care	(2004)

<sup>3</sup> Date of establishment of hospice programme

23. Nagykanizsa, Ápoló Kéz Hospice Home Care	(2004)
24. Zalaegerszeg, Mónika Hospice Home Care	(2004)
25. Budapest, Szent Rita Hospice Home Care	(2004)
26. Százhalombatta, Gondoskodás Hospice Home Care	(2004)
27. Szolnok, Morpheus Hospice Home Care	(2005)
28. Novaj, Menedékhely Foundation	(2005)
29. Szeged, Gondoskodás 2003 Hospice Home Care	(2005)
30. Ercsi, Benedikt 2001 Hospice Home Care	(2005)
31. Majosháza, Református Hospice Home Care	(2005)
32. Cegléd, Homecare 2002	(2005)
33. Váci Homecare Bt	(2005)
34. Veszprém, Fehér Galamb Foundation	(2005)

## 7. Hospital support teams, 2006

1. Dombóvár, „Életet az éveknek” Foundation	(2001)
2. Dombóvár, Alkony-Támasz Foundation	(2001)
3. Budapest, Hungarian Hospice Foundation	(2001)
4. Sopron, Hungarian Malthese Service	(2006)

## 8. Complex services

### ■ Budapest Hospice House, Hungarian Hospice Foundation

inpatient unit, hospice home care, hospital mobile team, day care centre, pain outpatient clinic, psycho-oncological outpatient clinic, telephone mental health service, bereavement service, education centre

### ■ Miskolc, Elisabeth Hospice,

(inpatient unit, hospice home care, day care centre, telephone mental health service, bereavement service, education centre)

### ■ Pécs

inpatient unit, hospice home care, hospice in nursing home, education centre

## 9. Hospice staff in Hungary, 1092 persons

104 physicians
524 nurses
79 physiotherapists
57 psychologists and mental health experts
140 volunteers
40 priests
41 social workers
40 dietists
44 coordinators
11 occupational therapists
9 bereavement counsellors
4 ambulance-men

## 10. Education

### ■ Under-gradual level

- hospice courses for future health care workers (nurses, social workers, physiotherapists) 20 hours modules, accredited (since 2002)
- PC courses for medical students „Palliative care of terminally ill patients” 30 hours, accredited (since 2003 in Semmelweis University and Pécs University), attended by about 200 medical students

### ■ Post-graduated level

- 40 hours basic and 40 hours advanced post-graduated hospice and palliative courses, accredited by the Ministry of Health, organized by the Hungarian Hospice Palliative Association and the Institute for Basic and Continuing Education of Health Care Workers, attended by about 3500 health care workers and volunteers
- Other post-graduated courses, organized by the complex services (Hungarian Hospice Foundation - Budapest, Erzsébet Hospice Foundation - Miskolc and Social Net, Pécs) - attended by about 1000 health care workers and volunteers

### ■ Specialist Level

- Skilled hospice nurse and coordinator course, 750 hours, accredited Qualification since 2002, attended by about 200 nurses

New textbooks and other documents used in education:

1. Hegedűs K, Szy I (edited): Palliative care of terminally ill cancer patients. Professional guidelines. 2<sup>nd</sup> improved and extended edition. Edited by Hungarian Hospice Palliative Association (in Hungarian and in English), 2002
2. Hegedűs K (edited): Basis of palliative care. (A palliatív ellátás alapjai) Edited by Semmelweis University, Budapest (in Hungarian), 2002
3. Pilling J (edited) Mourning. (Gyász) Edited by Medicina, (In Hungarian), 2003
4. Muszbek K, Dózsa Cs, Szöllősi M, Hegedűs K, Baukó M, Falus F, Keresztes C: Recommendations for elaboration of complex, integral system of the hospice and palliative care (Ajánlások a hospice-palliatív ellátás komplex, integrált rendszerének kidolgozására). *Lege Artis Medicinae*, 14 (11): 812-814,(In Hungarian), 2004
5. Recommendation Rec (2003) 24 of the Committee of Ministers to member states on the organisation of palliative care (A Miniszteri Bizottság ajánlása a tagországok számára a palliatív ellátás szervezéséről) Edited by Hungarian Hospice Palliative Association (in Hungarian), 2004

6. Hegedűs K: End-of-life dilemmas. Ethical questions of euthanasia and palliative care. (Életvégi dilemmák. Az eutanázia és a palliatív terápia néhány etikai és jogi kérdése.) *Lege Artis Medicinae*, 15 (10): 784-787. (In Hungarian), 2005
7. Hegedűs K (edited): Territorial and quality development of hospice care (A hospice ellátás területi és minőségi fejlesztése.). Edited by Hungarian Hospice Palliative Association, (In Hungarian), 2005
8. Hegedűs K. Theory of hospice care. (A hospice ellátás elmélete) Edited by the Institute for Basic and Continuing Education of Health Care Workers (In Hungarian), 2006
9. Updated statistical data of the Hungarian hospice development, in Hungarian and in English, edited by Hungarian Hospice Palliative Association, in Hungarian and in English, [www.hospice.hu](http://www.hospice.hu)

## 11. Legal background

- Hospice-palliative care in Health Care Act (99.§) (1997)
- Accredited post-graduated hospice education system (3500 people since 1994)
- Consensus conference in the Ministry of Health and National Guidelines (Standards) (2000, 2002)
- Media campaign with human rights and patients rights organisations in 2003 to initiate a parliamentary examination (2003)
- Hospice minimum standards, ministerial decree (15/2004. (III.8.))
  - Definition of palliative care
  - Description of forms of care: home care, inpatient unit, mobile team
  - Objective and personal conditions of operation
- Financial support from the NHIF (2004) (1,5-1,8x more than of the chronic departments' finance system)
- Hospice in National Cancer Control Program (2006)
- (Hungarian Hospice-Palliative Association in the National Health Council (2006)
- Hospice Action Plan for the National Development Plan (2006)
- Quality control of physician's work in hospices by public-health authority (2007)

## 12. Barriers - in general

- Not enough financial support from National Health Insurance Fund
- Insufficient under-graduated palliative education
- Non-acceptance of multidisciplinary team in the health care system, few volunteers

Possible causes in barriers before 2004

1. Situation was not mature
2. Some important bodies were not invited to the elaboration of documents  
not participated in the elaboration of documents:
  - medical professional organisations (e.g. National Society of Oncologists)

- university clinics
3. We did not clarify the aims of Professional Guidelines

### 13. Other sources of services

- Financing of the National Health Insurance Fund (about 50% of the quality hospice care)
- Local governmental support
- 1% of tax
- Grants
- Donations

23 of the 42 NHIF financed hospice services use other sources:

Magyar Hospice Alapítvány (1991) <sup>4</sup>
Szombathelyi Hospice Alapítvány (1992)
Miskolc, Erzsébet Hospice Alapítvány (1994)
Gyula, Pándy Kálmán Hospice Osztály (1994)
Debrecen, Szent Erzsébet Hospice Házi Beteggondozás (1994)
Miskolc, Erzsébet Hospice Otthon (1995)
Budapest, László Kórház (1995)
Pécs, Szociális Háló Egyesület (1996)
Kaposvár, Nevitt Cindy Szolgálat (1996)
Sóstói Idősek Otthona, Hospice Részleg, Naplemente Alapítvány (1997)
Tatabánya, Nefelejts Ápoló Ház (1999)
Pécs, Betégápoló Irgalmas Rend, Hospice (2004)
Eger, Markhoz Ferenc Kórház, Hospice (2004)
Budapest, MÁV Kórház, Hospice (2004)
Zalaegerszeg, Mónika Bt (2004)
Pécs-Baranyai Hospice Alapítvány (2004)
Budapest, Szent Rita Szolgálat (2004)
Pécs, Baranya megyei Kórház, Hospice (2004)
Budapest Hospice Ház (2005)
Szeged, Gondoskodás 2003 (2005)
Majosháza, Református Egyházközség Szolgálat (2005)
Salgótarján, Tábita Szolgálat (2005)
Váci Home Care (2005)

<sup>4</sup> Date of establishment of hospice programme

## 14. National and professional associations, task forces

- National association: Hungarian Hospice Palliative Association (1995-)
- European Association for Palliative Care (1999-, K. Hegedus is a member of board from 2003)

Participation in task forces:

- CEE&FSU Taskforce
  - Task Force on the Development of Palliative Care in Europe
- ECEPT (K. Muszbek is a board member)